

NEWS FROM THE ROSEBUD CENTRE

Goodbye & Goodluck!

As we say goodbye to June, we also say Goodbye to one of our dear youth mentors Lisa Majithia who volunteered at Rosebud for almost one year. During her time with us, she showed tremendous improvement in her work as well as interest in the services provided by the organisation. Lisa is well liked by the team, the facilitators as well as the RosePetals and Rosegarden members. It has been a pleasure working with her and getting to know her during this period. She was pleased to leave us with a few words;

"Since October 2019, I have gladly volunteered at Rosebud, my experience has been both enlightening and of course fun. Being at Rosebud has given me great joy and I've learnt plenty along the way. The main things are being able to get out of my comfort zone, and supporting the girl's learning through performing arts and arts & crafts. I was very shy when I first started, however, as I got used the girls and my colleagues, I soon came out of my shell. Now I have more confidence. I have also learnt that the girls at Rosebud are super intelligent and talented young ladies! The arts and crafts, cooking, performing arts are fantastic and they never cease to amaze me. One of my favourite memories was the Christmas market. It was a total success because everyone came together and worked very hard to achieve. I remember being so proud of everyone afterwards. I want to thank all the girls for taking me on journey that I will never forget and all my colleagues who supported me throughout my time here!"

We all wish Lisa the best of luck and look forward to occasional visits from her every once in a while.



Recent Workshops @ Rosebud via ZOOM

Cookery

We have had so much fun in cookery with our PM Brenda Mason who leads the workshop, she has taught us some amazing new dishes such as;

Sponge Cakes



Pizza



Scones



Shepherds Pie



If you are interested in taking part in this particular workshop feel free to contact us to join in our cookery sessions on Tuesdays to make some delicious homemade dishes.

Recent Workshops @ Rosebud

Dance

In the last month we started leaning some amazing new dances and movements from either TikTok, online or on YouTube. During workshops at Rosebud, we have learnt dances such as contemporary dance, Jazz infusion, Afrobeats and Belly

Dance.



It is amazing how much fun you can have learning a new dance as well as staying fit, we are always happy to welcome new faces to introduce us with new and fascinating movements.

Personal Development

With everything going on with the Black Lives Matter movement, we decided to do our personal development workshops around equality and the changes affecting our society. We discussed about different individuals that are black who have made a difference in our society, here are some of the following we have discussed;



Rosa Parks



Malcom X



Martin Luther
King, Jr.



Patrisse Khan-
Cullors



Alicia Garza

Do you know these individuals? If not join us on Wednesday and Thursday during our personal development sessions to learn more.