

NEWS FROM THE ROSEBUD CENTRE

Weekly Activity Schedule

(term times only)

11-15 years

Mondays 4pm - 6pm

Personal Development

Tuesdays 4pm - 6pm

Performing Arts

Wednesdays 4pm - 6pm

Music Production

Thursdays 4pm - 6pm

Arts & Crafts

Fridays 4pm - 6pm

Cookery Club

Saturdays 11am - 4pm

Confidence Building &

Creative Media

16-19 years

Mondays 11am - 3pm

Music

Tuesdays 11am - 3pm

Drama

Wednesdays 11am-3pm

Cookery Club

Thursdays 11am - 3pm

Fashion Design

Fridays 11am - 3pm

Jewellery Making

Saturdays 11am - 4pm

Personal Development

It's All About: Residentials!

Our first ever weekend residential took place as planned in January, to great success. We were able to accommodate a dozen of our service users on this trip to the Kent countryside, which included Personal Development sessions, Candle Making, Film Screenings and lots of Cooking! It was a truly wonderful weekend for the girls, who amassed a multitude of skills, knowledge and practical experience and did not want the weekend to end. In this vein, we are planning to run a structured 2-week residential in the summer holiday period. These will run in two consecutive batches and will be age specific. These sessions should be able to accommodate around 50 girls, so we encourage keen participants to start booking there places. As if that is not exciting enough, we are soon to go on another weekend residential this month (20th - 22nd February) in Surrey. This intensive activity based residential is a great opportunity for team building, problem solving and dealing with challenges.



Future Plans

We are planning to extend our weekday workshop sessions. These currently run from 4pm - 6pm but we often find that many girls are very hungry and distracted having had their last meal at 1pm in the afternoon. Some end up snacking on unhealthy treats and junk food. To combat this and promote healthy eating habits, we will structure the sessions to run from 4pm - 7pm with a 45-minute break for a healthy and filling home-cooked evening meal. The new changes will take effect from Monday 2nd March 2015. We welcome donations in support of the new dinner scheme.

RoseGarden

Saturday 28th March 2015

12noon - 4pm

Our monthly workshop session for parents of teenage girls will take place on Saturday 28th March 2015. Like previous sessions, we encourage participation from either mothers or fathers, or both. We strongly encourage you to create time in your diary for these sessions. As always, they take place at the Clockhouse Community Centre.

