

NEWS FROM THE ROSEBUD CENTRE

WEEKLY ACTIVITY SCHEDULE

MONDAYS:

Personal Development
4.30pm - 6.30pm

TUESDAYS:

Performing Arts
4.30pm - 6.30pm

WEDNESDAYS:

Music
4.30pm - 6.30pm

THURSDAYS:

Arts & Crafts
4.30pm - 6.30pm

FRIDAYS:

Cookery Club
4.30pm - 6.30pm

SATURDAYS:

Cookery Club
(Intensive)
12noon - 4pm

Keeping Motivated in 2016

For many of us, we resolved to accomplish various feats in the New Year. With the best intentions, we promised ourselves we would improve poor habits and do away with bad ones altogether. By the fifth week of the year, the motivation sometimes drops because the challenges of day-to-day life kicks in. At Rosebud, we are keeping positive and optimistic about the future of the project despite challenges or major changes.

For the Rosebud summer school in 2016, we are putting plans in place to secure funding to run a range of core skill building workshops. We can confirm that we will be holding a 2-week residential in early August and we are now accepting a deposit payment system to encourage families to pay gradually towards the cost of the residential in small amounts on a weekly basis, rather than a large chunk, which can be daunting. This year, we will also be celebrating Listening Ears' 10th anniversary.



Youth Council

In this issue, we would like to introduce you to another member of the Youth Council Leadership Team. Mary Dada is 11 years old and says; *"I'm excited about the first day trip we will have - to visit the o2 as members of the Rosebud Youth Council"*.



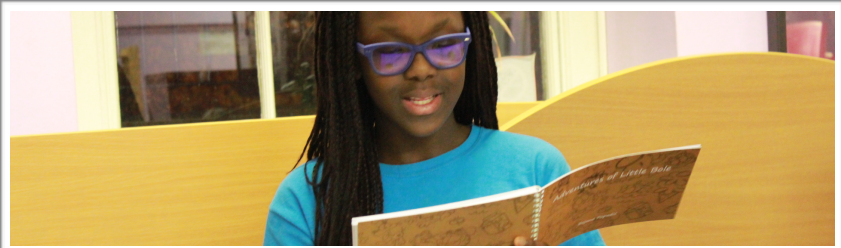
RoseGarden

Mothering Our Daughters workshop is back in 2016 on Saturday 5th March from 12noon to 4pm.

Quote of the Month

"Whatever you do, be different - that was the advice my mother gave me, and I can't think of better advice for an entrepreneur. If you're different, you will stand out."

- Anita Roddick



LOTTERY FUNDED